

welcome back

MENUS FOR AUGUST & SEPTEMBER 2025

Newport News Public Schools Early Childhood Centers

USDA is an equal opportunity provider. Menus are subject to change.

We're proud to help keep America strong

Most folks don't know that the National School Lunch Program began in the years after World War II because so many recruits had been deferred from war-time service due to malnutrition. So serving meals at school began as a national defense strategy! School meals were good for kids, good for families – and good for our nation. And we're still here for you, day in and day out, all year long. Welcome back!!

School Meals
We serve education every day™

AVAILABLE DAILY

Nonfat White Milk
Low-fat White Milk

***Menu item may contain pork**

Monday, August 25

Breakfast

Chicken Biscuit
Juice
Milk

Lunch

Turkey & Cheese Anytimer
Sweet Potato Fries
Applesauce Cup
Milk

Tuesday, August 26

Breakfast

Sausage Pancake on Stick*
Apple Slices
Milk

Lunch

Mozzarella Cheese Sticks
Green Beans
Dole Fruit Gel Cup
Milk

Wednesday, August 27

Breakfast

French Toast Sticks
Cranraisins
Milk

Lunch

Chicken w/Mini Pancakes
Carrot Coins
Mixed Fruit Cup
Milk

Thursday, August 28

Breakfast

Egg & Cheese Sandwich
Apple Slices
Milk

Lunch

Nachos w/Chili & Cheese
w/Roll
Steamed Cabbage
Fresh Fruit
Milk

Friday, August 29

**Schools
Closed**

We're
SO GLAD
to see you!
It's going
to be a

GREAT YEAR
and we can't
wait to serve
your meals!



Every complete meal
we serve comes with
your choice of lowfat
or nonfat milk!

Monday, September 1

**Last Chance
to Bask!**
Labor Day Monday, Sept. 1
No School Today!

Tuesday, September 2

Breakfast

Bacon Breakfast Pocket*
Apple Slices
Milk

Lunch

Pizza*
Broccoli Bites
Frozen Mixed Berry Cup
Milk

Wednesday, September 3

Breakfast

Waffle Sandwich
Cranraisins
Milk

Lunch

Spaghetti w/Meat Sauce
Garden Salad
Fresh Fruit
Milk

Thursday, September 4

Breakfast

Asst. Mini Pancakes
Apple Slices
Milk

Lunch

Breakfast for Lunch*
Hash Browns
Spiced Apples
Milk

Friday, September 5

Breakfast

Blueberry Muffin
Applesauce
Milk

Lunch

Boneless Chicken Wings
Vegetable Medley
Fresh Fruit
Milk

Monday, September 8

Breakfast

Chicken Biscuit
Juice
Milk

Lunch

Garlic French Bread
Mixed Vegetables
Fresh Fruit
Milk

Tuesday, September 9

Breakfast

Sausage Pancake on Stick*
Apple Slices
Milk

Lunch

Popcorn Chicken
Au gratin Potatoes
Frozen Peach Cup
Milk

Wednesday, September 10

Breakfast

French Toast Sticks
Cranraisins
Milk

Lunch

Grilled Cheese Sandwich
Corn
Mandarin Orange Cup
Milk

Thursday, September 11

Breakfast

Egg & Cheese Sandwich
Apple Slices
Milk

Lunch

Corndog Nuggets
Baked Beans
Strawberry/Banana
Applesauce Cup
Milk

Friday, September 12

Breakfast

Apple Cinnamon Muffin
Applesauce
Milk

Lunch

Pizza Crunchers
Emoticon Potatoes
Fresh Fruit
Milk

**EAT BETTER.
PLAY HARDER.
LIVE HEALTHIER.
LEARN EASIER.**

WELLNESS IS A WAY OF LIFE!

This year, our menu will feature regular Wellness tips, showing how diet, exercise, and taking care of ourselves can help ensure that we stay healthy and at the top of our games!

Monday, September 15

Breakfast

Assorted Flavored Breads
Juice
Milk

Lunch

Turkey & Cheese Anytimer
Sweet Potato Fries
Applesauce Cup
Milk

Tuesday, September 16

Breakfast

Bacon Breakfast Pocket*
Apple Slices
Milk

Lunch

Mozzarella Cheese Sticks
Green Beans
Dole Fruit Gel Cup
Milk

Wednesday, September 17

Breakfast

Waffle Sandwich
Cranraisins
Milk

Lunch

Chicken w/Mini Pancakes
Carrot Coins
Mixed Fruit Cup
Milk

Thursday, September 18

Breakfast

Asst. Mini Pancakes
Apple Slices
Milk

Lunch

Nachos w/Chili & Cheese
w/Roll
Steamed Cabbage
Fresh Fruit
Milk

Friday, September 19

Breakfast

Blueberry Muffin
Applesauce
Milk

Lunch

Chicken Patty on Bun
French Fries
Aloha Pear Cup
Milk

Hang in there, Dawg!

They call this time of year the "dog days." It's hot. Still. You're in school. Already. Folks are a bit testy. But it won't stay this hot forever. Relief is in sight. We promise.



Monday, September 22

Breakfast

Chicken Biscuit
Juice
Milk

Lunch

Hamburger/Cheeseburger on Bun
Corn
Peach Cobbler Cup
Milk

Tuesday, September 23

Breakfast

Sausage Pancake on Stick*
Apple Slices
Milk

Lunch

Pizza*
Broccoli Bites
Frozen Mixed Berry Cup
Milk

Wednesday, September 24

Breakfast

French Toast Sticks
Cranraisins
Milk

Lunch

Spaghetti w/Meat Sauce
Garden Salad
Fresh Fruit
Milk

Thursday, September 25

Breakfast

Egg & Cheese Sandwich
Apple Slices
Milk

Lunch

Breakfast for Lunch*
Hash browns
Spiced Apples
Milk

Friday, September 26

Breakfast

Apple Cinnamon Muffin
Applesauce
Milk

Lunch

Boneless Chicken Wings
Vegetable Medley
Fresh Fruit
Milk

Monday, September 29

Breakfast

Assorted Flavored Breads
Juice
Milk

Lunch

Garlic French Bread
Mixed Vegetables
Fresh Fruit
Milk

Tuesday, September 30

Breakfast

Bacon Breakfast Pocket*
Apple Slices
Milk

Lunch

Popcorn Chicken
Au gratin Potatoes
Frozen Peach Cup
Milk